



Application for Level One Teacher Certification intenSati™ Pre-Choreographed workout

Thank you for your interest in the intenSati Training Program! Please fill out and return the following application, and include copies of your certifications and a current, non-returnable photo of yourself. You can mail or email the application, photo, and certification copies:

Vía US Mail:

Sati Life
Attn: Leader Training
5 Union Square West, 4th Floor
New York, NY 10003

Vía email:

LeaderTraining@satilife.com

Prerequisites

Please note that all prerequisites must be completed BEFORE attending training.

1. You must be a certified group fitness instructor, personal trainer, or yoga instructor. Please provide proof of certification upon application. If you have not completed certification at the time of applying, include proof that you are registered or enrolled.
2. Familiarize yourself with Musicality. Be sure you understand rhythm and have the ability to cue movement transitions following a song's beat.
3. Watch *You Can Heal Your Life* by Louise Hay (the Standard DVD version), available at www.hayhouse.com or www.amazon.com.
4. Read *The Answer: Grow Any Business, Achieve Financial Freedom, and Live an Extraordinary Life* by John Assaraf and Murray Smith
5. Read *Feel the Fear and Do It Anyway* by Susan Jeffers.

Please continue to Page 2 and complete the application. Thank you!

Best wishes,

The SatiLife Team



Level One Teacher Certification Application: Personal Information

Name _____ Email _____

Address _____

City _____ State _____ Zip _____ Country _____

Please specify home / mobile, etc: Primary # _____ Alternate # _____

Date of Birth: (for our office only- Include Month, Day, & Year) _____

◆ Have you ever taken an intenSati class? If yes, please specify where and when.

◆ Please list your certifications (Group Fitness, Personal trainer, etc) and attach a copy of your certificate(s). _____

◆ How long have you been teaching? _____

◆ Are you currently employed with Equinox Fitness Clubs? _____

◆ Are you currently affiliated with a different fitness institution? If so, which one? _____

◆ Do you have any other trainings/hobbies/certifications that you feel would influence your ability to teach intenSati? _____

Deposit

Check enclosed: ___ \$750 Deposit ___ \$1500 Earlybird ___ \$1800 Full Tuition
(Please make checks payable to IntenSati Life LLC)

Charge card: (Amex, MC, Visa) for ___ \$750 Deposit ___ \$1500 Earlybird ___ \$1800 Full Tuition

Card Number _____ Expiration Date _____

*Refund Policy: Deposit payment is processed only upon acceptance into the program. Deposit of at least \$750 is required. Balance is due one week prior to training. Full refund is available up to 7 days before the 4-day workshop. No refunds after attending the workshop.

I have read and understand the SatiLife refund policy (Please sign below).

Signature: _____

Print Name: _____

Date: _____